

WAWATAM AREA SENIOR CITIZENS INC.

INCLUDED WITH EVERY MEAL: Soup of the Day, Bread, Salad Bar and Dessert Table.

New Hours 5:30 P.M. on Monday, Tuesday, Thursday, Friday 205 Cedar Street, Mackinaw City, Mi.

1:00 on Sundays <http://www.mackinawcity.org/Community/WawatamAreaSeniors.aspx>

Telephone 231-436-5323

Under 55 \$5.50 a meal **MAY 2017** 55 and over, \$3.50 meal

All meals are portion controlled. Please Remember to Donate for Drinks as they are not included in meal price.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	HONEY BAKED HAM SCALLOPED POTATOE CARROTS	COUNTRY FRIED STEAK MASHED POTATOES GRAVEY BROCCOLI	Closed	SPAGHETTI GARLIC BREAD ITALIAN BLEND VEGE	BAKED COD OR TROUT POTATOE WEDGES CREAMED PEAS HEART HEALTHY	Closed
7	8	9	10	11	12	13
ROAST BEEF MASHED POTATOES GRAVEY GREEN BEANS	PORK CHOP SWEET POTATOES CALIFORNIA BLEND VEGETABLES	ITALIAN CHICKEN RED POTATOES CAULIFLOWER HEART HEALTHY	Closed	BOILED DINNER WITH HAM ROLL	MEATLOAF MASHED POTATOES GRAVEY MIXED VEGETABLES	Closed for Meals Open for Euchre at 1:00pm
14	15	16	17	18	19	20
PORK ROAST RICE PILAF CORN	BEEF STROGANOFF OVER EGG NOODLES PEAS AND CARROTS	SASUAGE GRAVY AND BISCUITS, SCRAMBLED EGGS BACON OR LINKS	Closed	GRILLED CHICKEN BR RICE CORN HEART HEALTHY	BBQ RIBS OR RIBS AND SAUERKRAUT BAKED POTAVEG HEART HEALTHY	Closed
21	22	23	24	25	26	27
SALISBURY STEAK MASHED POTATOES GRAVY ASPARAGUS SPEARS	SLOPPY JOES MAC AND CHEESE BURGERS AND CHIPS	LIVER AND ONIONS OR FRUIT PLATE	Closed	SWEDDISH MEATBALL MASHED POTATOES GRAVEY GREEN BEANS	GRILLED SALMON RICE AND GRAVY SQUASH HEART HEALTHY	Closed
29		30	31			
BBQ CHICKEN BAKED BEANS BOILED POTATOES	LAZAGNA GARLIC BREAD ITALIAN MIXED VEGETABLES	HOT BEEF SANDWICHES MASHED POTATOES GRAVEY AND CARROTS				
HEART HEALTHY				All Board Meeting are the first Thursday of the month. This months is MAY 4th, after dinner.		