WAWATAM AREA SENIOR CITIZENS INC.

INCLUDED WITH EVERY MEAL: Soup of the Day, Bread, Salad Bar and Dessert Table.
New Hours 5:30 P.M. on Monday, Tuesday, Thursday, Friday 205 Cedar Street, Mackinaw City, Mi.
1:00 on Sundays http://www/mackinawcity.org/Community/WawatamAreaSeniors.aspx Telephone 231-436-5323
Under 55 $5.50 a meal JUNE 2017 55 and over, $3.50 meal
All meals are portion controlled. Please Remember to Donate for Drinks as they are not included in meal price.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 STUFFED PEPPERS BOILED POTATOES NORTHWEST BLEND VEG	2 BAKED TILAPIA BAKED POTATO BROCCOLI HEART HEALTHY	3 Closed
4 PORK ROAST ROASTED POTATOES GREEN BEANS	5 CREAMED CHIP BEEF BISCUITS CORN	6 BAKED CHICKEN BREAST MASHED POTATOES GRAVEY AND PEAS HEART HEALTHY	7 Closed	8 LIVER AND ONIONS OR SPANISH RICE	9 POLLACK RED POTATOES CAULIFLOWER	10 Closed for Meals Open for Euchre at 1:00pm
11 CORNED BEEF CABBAGE CARROTS AND POTATOES	12 BEEF TIPS OVER NOODLES CALIFORNIA BLEND VEGETABLE	13 CHICKEN STIR FRY WITH BREADSTICKS HEART HEALTHY	14 Closed	15 PORK CHOPS SWEET POTATOES ASPARAGUS SPEARS	16 MEATLOAF MASHED POTATOES GRAVEY MIXED VEGETABLES	17 Closed
18 BAKED HONEY HAM BAKED BEANS SQUASH	19 STUFFED CABBAGE BABY CARROTS ROLL	20 GOULASH NORTHWEST VEG CORN BREAD	21 Closed	22 GRILLED CHICKEN RICE PILAF GREEN BEANS HEART HEALTHY	23 BAKED COD POTATO WEDGES MIXED VEGETABLES	24 Closed
25 ROAST BEEF RED POTATOES	26 OPEN FACED TURKEY SANDWICHES MASHED POTATOES GRAVEY AND PEAS	27 CHICKEN POT PIE RICE HEART HEALTHY	closed	29 Grilled Salmon RICE PILAF GREEN BEANS	BBQ RIBS RIBS AND SAUERKRAUT BEANS AND CORN	

All Board Meeting are the first Thursday of the month.
THIS MONTH IS JUNE 1 AFTER DINNER