

WAWATAM AREA SENIOR CITIZENS INC.

INCLUDED WITH EVERY MEAL: Soup of the Day, Bread, Salad Bar and Dessert Table.

New Hours 5:00 P.M. on Monday, Tuesday, Thursday, Friday

205 Cedar Street, Mackinaw City, Mi.

:00 P.M. on Sundays <http://www/mackinawcity.org/Community/WawatamAreaSeniors.aspx>

Telephone 231-436-5323

Under 55 \$5.50 a meal

DECEMBER 2017

55 and over, \$3.50 meal

All meals are portion controlled. Please Remember to Donate for Drinks as they are not included in meal price.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Meat Loaf , Mashed Potatoes and Gravy Brussels Sprouts	Closed
3 Lemon Pepper Chicken Roasted Potatoes Peas HEART HEALTHY	4 Goulash Corn Bread Green Beans	5 Tuna Casserole Broccoli HEART HEALTHY	6 Closed	7 Stuffed Cabbage Mixed Vegetables	8 BBQ Ribs Ribs & Sauerkraut Baked Potatoe Carrots	9 Closed
10 Roast Beef Mashed Potatoes Gravy Carrots	11 Spaghetti and Meat Balls Garlic Bread Brocholli	12 Liver & Onions or BBQ Pork Baked Potatoe California Blend Veg	13 Closed	14 Chicken Pot Pie HEART HEALTHY	15 Whitefish Baked Potatoe Northwest Blend Veg HEART HEALTHY	16 Closed for Meals Open for Euchre at 1:00pm
17 Baked Chicken Mashed Potatoes Gravy Green Beans HEART HEALTHY	18 Shepards Pie Biscuits	19 Ruebans French Fries Corn	20 Closed	21 Salisbury Steak Mashed Potatoes Gravy Peas HEART HEALTHY	22 CHRISTMAS PARTY Honey Baked Ham Mashed Potatoes Gravy Squash	23 Closed
24 CLOSED	25 CLOSED	26 Hot Ham Sandwich Mashed Potatoes Green Beans	27 closed	28 Pork Chops Mashed Potatoes Cauliflower	29 Baked Cod Baked Potatoe Fried Zuchinni HEART HEALTHY	30 Closed
31 Roast Beef Mashed Potatoes Gravy						

All board meetings are the first Thursday of the Month. This month's meeting is Dec. 7th at 6:30